## 2025 · WHAT ISSUES SHOULD I CONSIDER FOR MY AGING PARENTS?



CASH FLOW & LIVING ARRANGEMENTS ISSUES	YES	NO	ESTATE PLANNING ISSUES (CONTINUED)	YES	NO
<ul> <li>Do your parents need assistance in managing their bills?</li> <li>Could there be sources of income that you are unaware of?</li> <li>Is a plan needed to deal with a potential illness or reduced mobility? If so, consider researching who can assist your parents in developing a plan.</li> </ul>			<ul> <li>home health care? If so, consider the financial impact it will have on cash flow and assets. Consider Medicaid planning and reverse mortgages.</li> <li>Will a parent's individual estate exceed their remaining federal estate and gift tax exclusion amount (\$13.99 million, if no lifetime use), or will your parents' combined estates exceed their remaining combined exclusion amounts (\$27.98 million, if no lifetime use)? If so, consider strategies to plan for a possible federal estate tax liability.</li> </ul>		
<ul> <li>Are your parents unable to live on their own? If so, consider the following:</li> <li>Your parents' home can be modified so care can be provided there. Home caregivers may help with many common household tasks.</li> <li>Your parents may be able to move in with a loved one.</li> </ul>					
<ul> <li>Four parents may be able to move in with a loved one.</li> <li>Professional geriatric care managers may be able to provide assistance.</li> <li>Consider continuing care retirement communities as an alternative living option.</li> </ul>			<b>Do your parents own multiple properties?</b> Ensure that residency is clear for probate purposes and to avoid the potential for probate occurring in multiple states (e.g., with JTWROS titling, or transfer to a revocable living trust, etc.).		
Gran Gran Gran Gran Gran Gran Gran Gran			Do the titles of your parents' accounts (investment and bank)		
ESTATE PLANNING ISSUES	YES	NO	<b>need to be reviewed or updated?</b> Consider adding TOD to any brokerage accounts, POD to any bank accounts, or create a revocable living trust to avoid passing through probate.		
Do you need the contact information for your parents' professionals (financial advisor, accountant, attorney, doctors)?			<b>Do any beneficiary designations need to be updated?</b> Check to see if all beneficiary statuses have been updated for retirement		
Do important documents need to be organized? If so, consider referencing the "What Documents Do I Need To Keep On File?" checklist.			accounts and insurance policies.  Do your parents own digital assets? Steps should be taken to		
			ensure that digital assets can be managed during potential periods of incapacity, and will be transferred to heirs (such as updating estate documents to account for digital assets and signing up for a password manager).		
Some financial institutions will not honor Powers of Attorney that are from out of state or are more than three to five years old.			INSURANCE ISSUES	YES	NO
If your parents will not be subject to estate taxes, but still have A/B trusts, revisit the need for the trusts and/or review the funding formula given higher estate exemptions and potential for step-up in basis planning.			<b>Do your parents own insurance policies (including life, health, homeowners)?</b> If so, consider checking to make sure that coverage is adequate.		
<ul> <li>If your parents have trusts, consider whether lifetime conveyances of certain assets would be helpful (e.g., in the event of incapacity or in order to avoid probate). (continue on next column)</li> </ul>			<b>Do your parents have LTC insurance, an LTC rider on life</b> <b>insurance or an annuity, or critical illness insurance?</b> If so, review the benefit triggers for the policy.		

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TAX PLANNING ISSUES	YES	NO	ASSET & DEBT ISSUES	YES	I
<ul> <li>Will your parents have any deductible medical expenses this year? If so, consider the following:</li> <li>Your parents can deduct qualified unreimbursed medical expenses that exceed 7.5% of their AGI, which includes: transportation to healthcare appointments, modifications to a home or car for medical reasons, LTC insurance premiums (subject to limits based on age), privately hired in-home healthcare employees, etc.</li> <li>Strategies can be used to take advantage of large medical</li> </ul>			<ul> <li>Could there be property, assets or life insurance that need to be managed but have not been identified? If so, consider the following:</li> <li>Look at the "points" feature on credit cards and "miles" with airlines to see if they are transferable.</li> <li>Check for safe deposit boxes.</li> <li>Search state agencies and unclaimed property sites that are run by many state treasurers.</li> </ul>		
deductions (such as accelerating income through Roth IRA conversions or capital gain harvesting).			Will there be any expenses that require your parents to sell any investments?		
Are there any capital loss carryforwards on your parents' tax return? If so, consider selling an asset at a gain to offset the			If your parents have annuities or illiquid assets, do they need to be reviewed to understand options?		
carryforward loss (which will expire, if unused, after the death of the parent holding the loss).			Have your parents reached their RBDs and do they own any retirement accounts? If so, consider reviewing their distribution		
Are there any unrealized tax losses in an account owned by your parents? If so, consider harvesting the unrealized losses or consider gifting the asset to preserve the loss and avoid the			<ul><li>plans and any automatic transfers scheduled for these accounts.</li><li>Are there assets or accounts that should be consolidated?</li></ul>		
step-down in basis upon the passing of your parent. Be mindful of double basis rules by referencing the "Will I Receive A Step-Up In Basis For This Gifted Property?" flowchart.			OTHER ISSUES	YES	
<b>Is one parent ill and are there any sizeable unrealized tax</b> <b>gains in an account owned by a healthy parent?</b> If so, consider having them gift the account to the ill parent to potentially take advantage of a step-up in basis at death. Be mindful of the one-year "boomerang rule" by referencing the "Will I Receive A Step-Up In Basis For The Appreciated Property I Inherited?" flowchart.			Are there any state-specific issues that should be considered (including out-of-state property or estate tax liability)? If so, some states have unique rules that can have a material impact, such as a liability for the surviving spouse to pay for the expenses associated with the illness of the deceased spouse.		
			> Do steps need to be taken to reduce your parents' risk of elder abuse? If so, consider freezing their credit.		



## Questions about the materials included? Contact your XML Wealth Advisor or call us at 301.770.5234.

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